

Newly diagnosed with HIV?

Testing positive is not:

- The end of the world
- The end of your relationships
- The end of you

Testing positive is:

- A raw deal you'll probably feel strongly about, even if at first you're numb
- A challenge to you and the people in your life
- An opportunity to grow

You have a future.

You may not believe it right now, but HIV is not a death sentence. There have been significant advances in the care and treatment of HIV. People with HIV now live long, productive lives. In fact, doctors speculate that many people with HIV might live out their natural lifespan.

Excerpt taken from materials available at the Canadian AIDS Treatment Information Exchange.
catie.ca

Ask us about:

Managing your health: a guide for people living with HIV.

What is peer support?

Peer Support provides you the opportunity to speak with a person living with HIV/AIDS (PHA) and who has "been there".

Our PHA Peer Advocate is available to speak with you, and can provide you the opportunity to speak with one of our HIV+ peer volunteers.

Connecting with people who have HIV can help you better understand what living with HIV may mean for you.

Regional HIV/AIDS Connection (RHAC)

We are here to answer any questions you may have, or just to listen.

We can support you through your journey.

All of the many programs and services we offer are **free and confidential**.

Our services include, but are not limited to: transportation, counselling, peer support, financial assistance, referrals to other services, and help understanding and navigating the services.

We're here to help.

Give us a call.

1-866-920-1601

hivaidsconnection.ca

Online HIV/AIDS Resources

Canadian AIDS Treatment Information Exchange
catie.ca

Canadian AIDS Society
cdnaids.ca

HIV/AIDS Legal Clinic of Ontario
halco.org
1-888-705-8889

Ontario AIDS Hotline
1-800-668-2437

thebody.com

avert.org

Regional HIV/AIDS Resources

Infectious Diseases Care Program
St. Joseph's Health Care, London
519-646-6207
sjhc.london.on.ca/corp/location/hiv/hiv.htm

John Gordon Home
519-433-3951
johngordonhome.ca

Options Anonymous HIV Testing Clinic
519-673-4427
lihc.on.ca/options_clinic_01

AIDS Service Organizations

Regional HIV/AIDS Connection
519-434-1601
1-866-920-1601
hivaidsconnection.ca

Huron County HIV/AIDS Network
519-482-1141
hchan.ca

Ontario Aboriginal HIV/AIDS Strategy
1-800-743-8851
oahas.org

MIDDLESEX OXFORD ELGIN
PERTH HURON LAMBTON



Regional
HIV/AIDS
Connection

hivaidsconnection.ca
1-866-920-1601

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