

What's Happening



YMCA DAYS

Every Monday is "Y DAY"

Spend the day at the gym exercise / weights / cardio swim / hot tub .. you name it the YMCA has it ... give us a call 519-434-1601

or email rnewman@hivaidconnection.ca

SPACES ARE LIMITED!

FLEETWAY DAYS

It's not just bowling, it's FUN!!!

Come out to our monthly "Fleetway Days" and you can bowl, shoot a game of pool or get your golf game on with glow-in-the-dark mini put. Give a HIV Support Services team member a call 519-434-1601 or email

rnewman@hivaidconnection.ca

SPACES ARE LIMITED!

Be the change

Country Cupboard

Thursday February 15th

Thursday March 15th

Friday April 13th



PHA client feedback session & Lunch with the E.D and HIV Support Services staff

Friday March 16, 2018

Come and discuss HIV Support Services with the E.D. of RHAC and Client Service staff

for more information contact

HIV Support Services Team

519-434-1601

rnewman@hivaidconnection.ca

SPEAK OUT!!!

Have a voice in the RHAC PHA newsletter If you would like to contribute to the next or for that matter any edition, please speak with Rob Newman Peer Support Worker 519-434-1601

rnewman@hivaidconnection.ca

HIV Client Services Team:

Director HIV Support Services Kelly Wright ext 237

Peer Support Worker Rob Newman ext. 253

Case Manager Carin Fraser ext. 228

Case Manager Tasha Anderson ext. 235

LUNCH & LEARNS

What's important to you and what would you like to learn more about. RHAC provides interesting, informative and educational lunch & learns and want your input to ensure we are bringing you the information / education you want. Please let us know what you want to see.





SPEAK OUT

A Newsletter For and By PLWHA



Join us for our 2018 Annual Conference
Finding Strength from Within

OPENING DOORS 2018

When: March 8th - 9th, 2018 | Doubletree by Hilton
300 King Street | London, ON N6B 1S2

Why: Opening Doors is an annual conference to enhance the quality of counselling services in mental and physical health and to better meet the needs of our local community.

Who Should Attend:

We would like to welcome clients, service providers, students and volunteers alike to engage with us.

- \$25 for Service Providers
- \$15 for Students
- FREE for PHAs and their families and volunteers

Registration:

www.2018openingdoors.eventbrite.ca

