What's Happening

The Education Department at **RHAC** is looking for people living with HIV/AIDS who may be interested in participating in an

Audio Speakers Bureau

What is an Audio Speakers' Bureau?

An Audio Speakers' Bureau is a library of digital sound clips. The Audio Speakers' Bureau that is being developed by **RHAC's** Education Department will include sound clips on key themes that offer a diversity of perspectives, insights, and experiences related to HIV/AIDS and Hepatitis C.

Sound clips from the Audio Speakers' Bureau will be used alongside presentations and/or as stand-alone conversation and discussion starters during workshops, training sessions and other educational opportunities that the Education Department undertakes.

For more information please contact HIV Support Services staff 519-434-1601 rnewman@hivaidsconnection.ca

Client contact list

Want to get more involved in Regional HIV/AIDS

Connection? Contact a member of client services staff and ask to have your name added to the Client Reminder Contact list and you will be notified for upcoming events



Social Support Groups

- PHA Café social support drop in group
- Woman's group social support specifically geared to women living with HIV
- Winners Circle social support group for long term survivors living with HIV/AIDS
 For more information on these groups and other client activities at RHAC contact HIV Client Services 519-434-1601 rnewman@hivaidsconnection.

LUNCH & LEARNS

What's important to you and what would you like to learn more about.

RHAC provides interesting, informative and educational lunch & learns and want your input to ensure we are bringing you the information / education you want. Please let us know what you want to

Healthy Harvest 2017

Healthy harvest is back for a repeat season ... fresh food prep / healthy eating. Give Carin Fraser a call and let her know you're interested in learning more about the Healthy Harvest program ...

Carin @ 519-434-1601 cfraser@hivaidsconnection.ca

SPEAK OUT

A Newsletter For and By PLWHA
Summer 2017



The Ontario Accord

"We, people living with HIV/AIDS and allies in the community:

- * Commit to the greater involvement and meaningful engagement of people living with HIV/AIDS (GIPA/MIPA); GIPA/MIPA puts PHAs at the centre and is grounded in human rights and the dignity of the full human being
- Aim to transform all who live with, work in, and are affected by, HIV/AIDS in Ontario
- * Commit to personal and social transformation
- Value community expertise in embracing the challenge for the betterment of society
- Value inclusion over exclusion, a quest for integrity at all times and the embodiment of self-determination
- * Promote the evolution of thought, action and collaboration among us and with our allies
- * Because GIPA/MIPA is about human struggles and aspirations, ethics, empowerment and accountability are its foundation."

Annual GIPA / MIPA ceremony

The annual GIPA/MIPA ceremony will be held in the gardens of the **John Gordon Home Tuesday July 11, 2017 5:30PM** – **7:00PM**. For more information or to attend this annual acknowledgement of the principles of the greater and more meaningful involvement of people living with HIV/AIDS please contact a member of the HIV Support Services team 519-434-1601 / rnewman@hivaidsconnection.ca

HIV Support Services Team 519-434-1601

- Director of Support Services Kelly Wright x 237
- Case Manager Miriam Rivera x 235
- Case Manager Carin Fraser x 228
- Peer Support Worker Rob Newman x 253

