



Sex Positive

The Regional HIV/AIDS Connection operates as a **sex-positive** agency. Daily we confront issues of sexual politics, sexual orientation and sexual identity.

Sex positive refers to a position that affirms:

- Sex can be a positive force both in personal development and in society.
- There are few, if any, essential truths about sex and sexuality. The ways we normally think about sexuality and sexual identity do not always represent the full spectrum of sexual diversity in the world.
- Consensual sexual expression is a basic human right regardless of the form that expression takes.
- It is not appropriate to judge others' consensual choices about how to have sex, with whom to have sex and how they define their sexual orientation and identity.
- It is equally important to focus on the positive aspects of sexuality, like sexual pleasure, and not just disease prevention, prevention of sexual assault and unwanted pregnancy.
- People have the right to accurate and straightforward sexual health information